

**PSALM 121**

*The Lord my Guardian  
A song of ascents.*

I raise my eyes toward the mountains.  
From where will my help come?  
My help comes from the LORD,  
the maker of heaven and earth.

God will not let your foot to slip;  
your guardian does not sleep.  
Truly, the guardian of Israel  
never slumbers nor sleeps.

The LORD is your guardian;  
the LORD is your shade  
at your right hand.  
By day, the sun cannot harm you,  
nor the moon by night.  
The LORD will guard you from all evil,  
will always guard your life.  
The LORD will guard your coming  
and going  
both now and forever.

JOIN US FOR OUR NEXT  
PILGRIMAGE SATURDAY

JUNE 20  
3:00 - 4:00 PM  
UPPER CHURCH

OUR LADY OF MOUNT CARMEL/OUR LADY, HELP OF CHRISTIANS  
OUR LADY, QUEEN OF HEARTS/MOTHER OF PERPETUAL HELP

**BASILICA OF THE NATIONAL SHRINE OF  
THE IMMACULATE CONCEPTION**

**JUBILEE YEAR  
PILGRIMAGE SATURDAY**

**16 MAY 2009**

**PSALM 122**

*A Pilgrim's Prayer for Jerusalem  
A song of ascents. Of David.*

I rejoiced when they said to me,  
"Let us go to the house of the LORD."  
And now our feet are standing  
within your gates, Jerusalem.  
Jerusalem, built as a city,  
walled round about.  
Here the tribes have come,  
the tribes of the LORD,  
As it was decreed for Israel,  
to give thanks to the name of the  
LORD.  
Here are the thrones of justice,  
the thrones of the house of David.

For the peace of Jerusalem pray:  
"May those who love you prosper!  
May peace be within your ramparts,  
prosperity within your towers."  
For the house of the LORD, our God,  
I pray, "May blessings be yours."

## SALVE REGINA



1. Hail, ho - ly Queen en - throned a - bove, O Ma -  
 2. The cause of joy to all be - low, O Ma -  
 3. O gen - tle, lov - ing, ho - ly one, O Ma -



ri - a. Hail, Queen of mer - cy and of love,  
 ri - a. The spring through which all grac - es flow,  
 ri - a. The God of light be - came your Son,



O Ma - ri - a. Tri - umph, all ye Cher - u - bin,  
 O Ma - ri - a. An - gels, all your prais - es bring,  
 O Ma - ri - a. Tri - umph, all ye Cher - u - bin,



Sing with us, ye Ser - a - phim, Heav'n and earth re - sound the  
 Earth and heav' - en, with us sing, All cre - a - tion ech - o -  
 Sing with us, ye Ser - a - phim, Heav'n and earth re - sound the



hymn: Sal - ve, Sal - ve, Sal - ve, Re - gi - na.  
 ing: Sal - ve, Sal - ve, Sal - ve, Re - gi - na.  
 hymn: Sal - ve, Sal - ve, Sal - ve, Re - gi - na.

Text: Salve Regina, anonymous, c.1000; Tr. Roman Hymnal, 1884, St. 2.3, adapt. by M. Owen Lee, CSB, 6/1930  
 Title: SALVE REGINA CORLETON, 8 4 8 4 77 4 5; Chorale edition from *Madrigal Settings*, 1908; Hymn by Healey William, 1890-1961, © 2011  
 Music Co.

(By its very nature, the Pilgrim Church is missionary. In obedience to the mandate of Jesus, to “go out into the whole world,” the Church strives to proclaim the gospel to all nations and to manifest Christ to all peoples.)

Above all I pray, O dearest Mother, that through your most powerful intercession my heart may be filled with Holy Hope, so that in life's darkest hour I may never fail to trust in God my Savior, but by walking in the way of His commandments I may merit to be united with Him, and with you in the eternal joys of Heaven. Amen. Mary, our Hope, have pity on us.

Obtain for me, then, O Mother of Hope, the grace of true sorrow for my sins, the gift of perfect resignation to God's Holy Will, and the courage to take up my cross and follow Jesus. Beg of His Sacred Heart the special favor that I ask in this novena. (make request)  
 Hope of the Hopeless, pray for us. (3 Hail Marys)

### IMMACULATE MARY (HAIL HOLY QUEEN)

Immaculate Mary, your praises we sing;  
 You reign now in splendor with Jesus our King.  
 AVE, AVE, AVE, Marial AVE, AVE, Marial!

In heaven, the blessed your glory proclaim;  
 On earth we, your children, invoke your sweet name.  
 AVE, AVE, AVE, Marial AVE, AVE, Marial!

We pray for the Church, our true Mother on earth,  
 And beg you to watch o'er the land of our birth.  
 AVE, AVE, AVE, Marial AVE, AVE, Marial!

### OUR LADY OF HOSTYN

A reflection on the devotion to Our Lady of Hostyn  
 O God, who by the marvelous protection of the Blessed Virgin Mary has strengthened us firmly in hope, grant we beseech You, that by persevering in prayer at her admonition, we may obtain the favors we devoutly implore. Through Christ our Lord. Amen.

## Salve Regina (Hail Holy Queen)

Hail, holy Queen, Mother of mercy,  
hail, our life, our sweetness, and our hope.  
To you we cry, the children of Eve;  
to you we send up our sighs,  
mourning and weeping in this land of exile.  
Turn, then, most gracious advocate,  
your eyes of mercy toward us;  
lead us home at last  
and show us the blessed fruit of your womb, Jesus:  
O clement, O loving, O sweet Virgin Mary

### OUR LADY OF HOPE CHAPEL (PONTMANN, FRANCE)

A brief summary of the history of Our Lady of Hope

#### Reading:

CONSTITUTION ON THE SACRED LITURGY  
SACROSANCTUM CONCILIIUM  
Solemnly Promulgated by  
Pope Paul VI  
December 4, 1963

#### Reflection:

Sister Miriam MacLean, RSM  
Director of Visitor Services  
Basilica of the National Shrine  
of the Immaculate Conception

O Mary, my Mother, I kneel before you with heavy heart. The burden of my sins oppresses me. The knowledge of my weakness discourages me. I am beset by fears and temptations of every sort. Yet I am so attached to the things of this world that instead of longing for Heaven I am filled with dread at the thought of death.

O Mother of Mercy, have pity on me in my distress. You are all-powerful with your Divine Son. He can refuse no request of your Immaculate Heart. Show yourself a true Mother to me by being my advocate before His throne. O Refuge of Sinners and Hope of the Hopeless, to whom shall I turn if not to you?

## OUR LADY OF MARIAZELL

Some thoughts on the devotion to Our Lady of Mariazell

O Mary, we call upon you. You are the Great Mother of Austria, the Mother of the Slavic peoples. You offer a safe haven for the exiled; you bring freedom and consolation to prisoners. We ask you, holiest of all virgins, to guard innocence and purity. Helper in all needs, assist us in danger when we call upon you. O Mary, guardian of the German Lands, we pray that you may banish the scourges of war and bring peace to all believers. Through your powerful intercession, console the disillusioned, bring back the erring, comfort the sick, and give help to sinners.

Great Mother Mary, Our Lady of Mariazell bless and protect the people of the nations who honor you. Amen.

### LITANY OF THE BLESSED MOTHER

*(Recited as the community journeys to each pilgrimage site.)*

Lord, have mercy.

**(repeat invocation)**

Christ, have mercy

Lord, have mercy.

Christ, hear us.

Christ, graciously hear us.

God, the Father of heaven,

**have mercy on us.**

God the Son,

Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Holy Mary, **pray for us.**

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ, **pray for us.**

Mother of the Church,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most amiable,

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Savior,

### OUR LADY OF ANTIPOLO (OUR LADY OF PEACE & GOOD VOYAGE)

A brief description of the devotion to Our Lady of Antipolo (Our Lady of Peace & Good Voyage)

Our Lady of peace and good voyage, Virgin of Antipolo, look kindly upon our needs in this pilgrimage to our home in heaven. As you accompanied Christ in his journey from Bethlehem to Calvary, you discovered the loving presence of God in ever new ways. Guide us now in our own turn so that we may discover God in our lives and in the lives of our brothers and sisters. Help us to recognize Him with the eyes of our hearts and to grow deeper in His love through life's joys and pains. And at our journey's end, lead us to the doorsteps of heaven and bring us to your Son, Jesus, who has secured and prepared for us a place in our Father's house. Amen.

#### LITANY OF THE BLESSED MOTHER (Continued)

Virgin most prudent, pray for us.	Singular vessel of devotion, Mystical rose,
Virgin most venerable, Virgin most renowned,	Tower of David, Tower of ivory,
Virgin most powerful, Virgin most merciful,	House of gold, Ark of the covenant,
Virgin most faithful,	Gate of heaven, Morning star,
Mirror of justice, pray for us.	Health of the sick, Refuge of sinners,
Seat of wisdom, Cause of our joy, Spiritual vessel, Vessel of honor,	Comforter of the afflicted, Help of Christians,

### OUR LADY OF VALANKANNI (MOTHER OF GOOD HEALTH)

A brief description of the devotion to Our Lady of Valankanni

O Mary! Our Mother of Health and our Heavenly Queen, seated on your throne of mercy and compassion in your Holy Shrine at Valankanni, we praise and honor you to be our refuge and our relief. Numerous are the sick who through you have recovered health. Relying on your power and goodness, we fly to you and implore you to heal our infirmities and to obtain for us perfect health of body and soul, that we may better able to serve you and your Divine Son. At all times you have been the help and consolation of the sick. You obtain for them health, when it is conducive to their salvation. You assist them at time of their death. Help them O Most Amiable Mother and obtain for us cure from all our sufferings, or patience to endure them in the spirit of resignation agreeable to God's Holy Will, so that all our trials and sufferings may help to purify our souls and help us to detach ourselves from all earthly ties. Amen

#### LITANY OF THE BLESSED MOTHER (Continued)

Queen of angels, pray for us.	Lamb of God, you take away the sins of the world,
Queen of patriarchs, Queen of prophets, Queen of apostles, Queen of martyrs, Queen of confessors, Queen of virgins, Queen of all saints, Queen conceived without original sin, Queen assumed into heaven, Queen of the most holy Rosary, Queen of families, Queen of peace.	<b>have mercy on us.</b> Lamb of God, you take away the sins of the world, <b>have mercy on us.</b> Lamb of God, you take away the sins of the world, <b>have mercy on us.</b> Pray for us, holy Mother of God, <b>that we may become worthy of the promises of Christ.</b>